

# Discover the Benefits of Working at KIND

### KIND Offers Competitive Benefits\*:

- Medical, dental, and vision insurance with KIND paying 100% of the employee only portion of the premium for one of the two medical plan options, dental, and vision.
- Pre-tax flexible spending account (FSA) for both medical and dependent care.
- Pre-tax transit and parking spending account.
- Employer-paid life insurance and accidental death and dismemberment insurance.
- Employer-paid short and long-term disability insurance.
- Voluntary insurance to include life, accidental death and dismemberment, critical illness, accident, hospital, identity theft, and pet insurance.

- Traditional and Roth 401(k) options with employer match.
- Generous vacation accrual (20 days in Year 1; 25 days after Year 3; and 30 days after Year 5).
- Up to twelve (12) sick leave days per year.

**Wellness Platforms** 

- Thirteen paid holidays per year. In addition, KIND has twelve (12) Wellness Fridays and Winter Break as paid time off.
- Job-related Professional Development fees (including annual state bar dues and professional memberships).
- Mission-driven and fulfilling work with colleagues who make it a great place to work.
- Honors staff that exemplify KIND's guiding principles.
- And lots more!

#### A Focus on Wellness

KIND recognizes that our ability to help our clients starts with helping our team members. KIND has prioritized wellness for employees in the following ways:

#### Mindfulness & Wellness Trainings



KIND partners with industry professionals in the mindfulness and wellness space to present ongoing workshops to our leaders and staff. These discussions ensure that despite our other personal and professional obligations, we take time to consider our wellness on a regular basis.

#### **Time Away**



KIND offers vacation and sick leave, in addition to bereavement leave and wellness days as a part of its time off allowances. Staff are encouraged to use sick time for all wellness needs on days outside of designated wellness days, including after experiencing trauma; to attend counseling; for mental health days; or for other wellness events. KIND offers Wellness Fridays throughout the year as time for staff to be well. This is just one of the many ways we show KINDness and compassion toward our staff.

#### Office Wellness Activities



Our commitment to wellness starts with our staff. In addition to our grassroots Wellness Committee, our offices regularly put the well-being of their teams as top priority.



KIND's Atlanta team came together for a wellness activity inspired by the documentary "Can You Dig This." The team watched together and got to plant their own indoor



Mindfulness is an important part of being less stressed, more resilient, and happier. All employees at KIND receive a complimentary membership to Headspace, where they can participate in meditation activities and other resources related to mindfulness.

## **Employee Assistance & Resilience Program** (EARP)



Beyond your average employee assistance program, our EARP serves as a resource for employees & household members to seek confidential counseling for work and non-work-related concerns. EARP Performance Consultants provide resources and support for KIND managers to learn how to broach difficult topics and create a safe space for employees to voice concerns.

